



Complete Summary

TITLE

Osteoarthritis: percentage of patients with symptomatic osteoarthritis of the knee or hip and who have been overweight (as defined by body mass index of greater than or equal to 27 kg/m²) for more than 3 years who are referred to a weight loss program.

SOURCE(S)

MacLean CH, Saag KG, Solomon DH, Morton SC, Sampsel S, Klippel JH. Measuring quality in arthritis care: methods for developing the Arthritis Foundation's quality indicator set. Arthritis Rheum 2004 Apr 15;51(2):193-202. [PubMed](#)

Pencharz JN, MacLean CH. Measuring quality in arthritis care: the Arthritis Foundation's Quality Indicator set for osteoarthritis. Arthritis Rheum 2004 Aug 15;51(4):538-48. [108 references] [PubMed](#)

Measure Domain

PRIMARY MEASURE DOMAIN

Process

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the [Measure Validity](#) page.

SECONDARY MEASURE DOMAIN

Does not apply to this measure

Brief Abstract

DESCRIPTION

This measure is used to assess the percentage of patients with symptomatic osteoarthritis of the knee or hip and who have been overweight (as defined by body mass index of greater than or equal to 27 kg/m²) for more than 3 years who are referred to a weight loss program.

RATIONALE

The patient may not have the expertise necessary to facilitate weight loss in the face of arthritis.

The American College of Rheumatology (ACR) and the American Pain Society (APS) guidelines for medical management of hip or knee osteoarthritis (OA) recommend weight loss to improve joint pain and function.

An arthritis management objective targeting weight counseling was added to Healthy People 2010: Arthritis Education (objective 2-4a) -- Increase the proportion of adults with doctor-diagnosed arthritis who receive health-care provider counseling for weight reduction among overweight and obese persons.

PRIMARY CLINICAL COMPONENT

Osteoarthritis; overweight; weight loss program

DENOMINATOR DESCRIPTION

Patients with symptomatic osteoarthritis of the knee or hip and who have been overweight (as defined by body mass index of greater than or equal to 27 kg/m²) for more than 3 years

NUMERATOR DESCRIPTION

Patients who are referred to a weight loss program

Evidence Supporting the Measure

EVIDENCE SUPPORTING THE CRITERION OF QUALITY

- A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence
- A formal consensus procedure involving experts in relevant clinical, methodological, and organizational sciences
- One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

Evidence Supporting Need for the Measure

NEED FOR THE MEASURE

Unspecified

State of Use of the Measure

STATE OF USE

Current routine use

CURRENT USE

Internal quality improvement

Application of Measure in its Current Use**CARE SETTING**

Ambulatory Care
Physician Group Practices/Clinics

PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Advanced Practice Nurses
Physician Assistants
Physicians

LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Individual Clinicians

TARGET POPULATION AGE

Unspecified

TARGET POPULATION GENDER

Either male or female

STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

Characteristics of the Primary Clinical Component**INCIDENCE/PREVALENCE**

Osteoarthritis (OA) is the most common form of arthritis. It is a degenerative joint disease that affects about 12% of the general population, with prevalence increasing with age. Between 60% and 70% of individuals aged 65 years or older show radiographic changes consistent with OA, and about half of these meet classification criteria for the disease by reporting joint pain or stiffness.

EVIDENCE FOR INCIDENCE/PREVALENCE

Hawker G. Epidemiology of arthritis and osteoporosis. 1st ed. Toronto (ON): Institute for Clinical Evaluative Sciences (ICES); 1998.

Lawrence RC, Helmick CG, Arnett FC, Deyo RA, Felson DT, Giannini EH, Heyse SP, Hirsch R, Hochberg MC, Hunder GG, Liang MH, Pillemer SR, Steen VD, Wolfe F. Estimates of the prevalence of arthritis and selected musculoskeletal disorders in the United States. *Arthritis Rheum* 1998 May;41(5):778-99. [PubMed](#)

ASSOCIATION WITH VULNERABLE POPULATIONS

See "Incidence/Prevalence" field.

BURDEN OF ILLNESS

Pain and disability are the most common consequences of osteoarthritis (OA) joint damage.

EVIDENCE FOR BURDEN OF ILLNESS

Felson DT, Lawrence RC, Dieppe PA, Hirsch R, Helmick CG, Jordan JM, Kington RS, Lane NE, Nevitt MC, Zhang Y, Sowers M, McAlindon T, Spector TD, Poole AR, Yanovski SZ, Ateshian G, Sharma L, Buckwalter JA, Brandt KD, Fries JF. Osteoarthritis: new insights. Part 1: the disease and its risk factors. *Ann Intern Med* 2000 Oct 17;133(8):635-46. [120 references] [PubMed](#)

UTILIZATION

Unspecified

COSTS

Unspecified

Institute of Medicine National Healthcare Quality Report Categories

IOM CARE NEED

Living with Illness

IOM DOMAIN

Effectiveness

Data Collection for the Measure

CASE FINDING

Users of care only

DESCRIPTION OF CASE FINDING

Patients with symptomatic osteoarthritis of the knee or hip and who have been overweight (as defined by body mass index of greater than or equal to 27 kg/m²) for more than 3 years

DENOMINATOR SAMPLING FRAME

Patients associated with provider

DENOMINATOR INCLUSIONS/EXCLUSIONS

Inclusions

Patients with symptomatic osteoarthritis of the knee or hip and who have been overweight (as defined by body mass index of greater than or equal to 27 kg/m²) for more than 3 years

Exclusions

Unspecified

RELATIONSHIP OF DENOMINATOR TO NUMERATOR

All cases in the denominator are equally eligible to appear in the numerator

DENOMINATOR (INDEX) EVENT

Clinical Condition

DENOMINATOR TIME WINDOW

Time window precedes index event

NUMERATOR INCLUSIONS/EXCLUSIONS

Inclusions

Patients who are referred to a weight loss program

Exclusions

Unspecified

MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

NUMERATOR TIME WINDOW

Encounter or point in time

DATA SOURCE

Administrative and medical records data
Administrative and provider data
Medical record
Patient survey

LEVEL OF DETERMINATION OF QUALITY

Individual Case

PRE-EXISTING INSTRUMENT USED

Unspecified

Computation of the Measure

SCORING

Rate

INTERPRETATION OF SCORE

Better quality is associated with a higher score

ALLOWANCE FOR PATIENT FACTORS

Unspecified

STANDARD OF COMPARISON

Internal time comparison

Evaluation of Measure Properties

EXTENT OF MEASURE TESTING

A multidisciplinary expert panel comprised of nationally recognized experts discussed and rated the validity of each of the proposed measures based on the evidence and their expert opinion using a modification of the RAND/UCLA Appropriateness Method.

EVIDENCE FOR RELIABILITY/VALIDITY TESTING

MacLean CH, Saag KG, Solomon DH, Morton SC, Sampsel S, Klippel JH. Measuring quality in arthritis care: methods for developing the Arthritis Foundation's quality indicator set. Arthritis Rheum 2004 Apr 15;51(2):193-202. [PubMed](#)

Pencharz JN, MacLean CH. Measuring quality in arthritis care: the Arthritis Foundation's Quality Indicator set for osteoarthritis. Arthritis Rheum 2004 Aug 15;51(4):538-48. [108 references] [PubMed](#)

Identifying Information

ORIGINAL TITLE

Quality indicator 8. Referral to weight loss program.

MEASURE COLLECTION

[The Arthritis Foundation's Quality Indicator Project](#)

MEASURE SET NAME

[The Arthritis Foundation's Quality Indicator Set for Osteoarthritis](#)

SUBMITTER

Arthritis Foundation

DEVELOPER

Arthritis Foundation
RAND Health

ADAPTATION

Measure was not adapted from another source.

RELEASE DATE

2004 Aug

MEASURE STATUS

This is the current release of the measure.

SOURCE(S)

MacLean CH, Saag KG, Solomon DH, Morton SC, Sampsel S, Klippel JH. Measuring quality in arthritis care: methods for developing the Arthritis Foundation's quality indicator set. Arthritis Rheum 2004 Apr 15;51(2):193-202. [PubMed](#)

Pencharz JN, MacLean CH. Measuring quality in arthritis care: the Arthritis Foundation's Quality Indicator set for osteoarthritis. Arthritis Rheum 2004 Aug 15;51(4):538-48. [108 references] [PubMed](#)

MEASURE AVAILABILITY

The individual measure, "Quality Indicator 8. Referral to Weight Loss Program," is published in "Measuring Quality in Arthritis Care: The Arthritis Foundation's Quality Indicator Set for Osteoarthritis."

For more information contact:
Arthritis Foundation
P.O. Box 7669
Atlanta, GA 30357-0669
Telephone: 404-872-7100 or 1-800-568-4045
Web site: www.arthritis.org

OR

RAND Health
1776 Main Street
P.O. Box 2138
Santa Monica, CA 90407-2138
Telephone: (310) 393-0411, ext. 7775
Web site: www.rand.org/health
E-mail: RAND_Health@rand.org

NQMC STATUS

This NQMC summary was completed by ECRI on August 24, 2006. The information was verified by the measure developer on November 6, 2006.

COPYRIGHT STATEMENT

No copyright restrictions apply.

Disclaimer

NQMC DISCLAIMER

The National Quality Measures Clearinghouse™ (NQMC) does not develop, produce, approve, or endorse the measures represented on this site.

All measures summarized by NQMC and hosted on our site are produced under the auspices of medical specialty societies, relevant professional associations, public and private organizations, other government agencies, health care organizations or plans, individuals, and similar entities.

Measures represented on the NQMC Web site are submitted by measure developers, and are screened solely to determine that they meet the NQMC Inclusion Criteria which may be found at <http://www.qualitymeasures.ahrq.gov/about/inclusion.aspx>.

NQMC, AHRQ, and its contractor ECRI Institute make no warranties concerning the content or its reliability and/or validity of the quality measures and related materials represented on this site. The inclusion or hosting of measures in NQMC may not be used for advertising or commercial endorsement purposes.

Readers with questions regarding measure content are directed to contact the measure developer.

© 2008 National Quality Measures Clearinghouse

Date Modified: 11/10/2008

